

MGI Michiana Gastroenterology Inc.

Telephone: (574) 234-0049

Fax: (574) 234-0053

www.michianagastro.com

Upper Endoscopy Instructions

****Please be aware, there could be multiple separate charges for this procedure. One charge for the Facility and one for the Doctor. Possible charges for anesthesia and pathology.****

Patient: _____ Dr. _____

Date: ____/____/____ Arrival Time: _____ am/pm Procedure Time: _____ am/pm

____ Michiana Endoscopy Center
53830 Generations Drive
South Bend, IN 46635

____ Plymouth-SJRM
Register at Surgery Ctr.
Building 5

____ Memorial Hospital
Main Entrance
Patient Registration

____ Mishawaka - SJRM
Main Entrance
Patient Registration

____ SB Clinic Surgery Center
211 N. Eddy Street
South Bend, IN 46617

____ LaPorte Surgical Center
900 I Street
LaPorte, IN 46350

***IMPORTANT*READ THIS NOW* Blood Thinners:**

If you are taking a blood thinner, please check with the doctor who prescribed it to make sure it is safe for you to stop it for the following time frames. We will also be sending the doctor a letter to inform them of your upcoming appointment.

Stop 7 Days before procedure

Aggrenox (Aspirin/Dipyridamole)
Brilinta (Ticagrelor)
Effient (Prasugrel)
Plavix (Clopidogrel)
Pletal (Cilostazol)

Stop 5 Days before procedure

Coumadin (Warfarin)

Stop 2 Days before procedure

Eliquis (Apixaban)
Pradaxa (Dabigatran)
Savaysa (Edoxaban)
Xarelto (Rivaroxaban)

Do these things 7 days prior to your procedure:

- Arrange to have someone drive you home. You will receive medicine to keep you relaxed during your procedure, so you cannot drive home or take a cab home alone.
- If you have not been a patient at the Michiana Endoscopy Center within the last 2 years, please complete the Initial Patient Information sheet and bring it with you on scheduled procedure date.

Do these things day of your procedure:

- AFTER MIDNIGHT, NO SOLID FOOD UNTIL AFTER YOUR PROCEDURE**
- You may only have clear liquids up to **3 hours prior to your procedure. NO RED OR PURPLE.** Clear liquids are: tea or coffee (**no milk or creamer**), broth, apple juice, white cranberry juice, 7 up, ginger ale and water. You may also have Gatorade, popsicles and Jell-O, just remember no red or purple.
- Do not drink alcohol.**
- DO NOT take your diabetic pill(s). If you usually check your blood sugar, check it this morning.
- You may take your other usual morning pills at least 3 hours before your procedure time.
- If you wear dentures, DO NOT use adhesive.
- Bring the person who is driving you home with you to the Endoscopy Center.
- Your arrival time to your discharge time is about 2 ½ hours.
- Bring insurance card, photo id and all medications to your appointment.

OVER

Phone Numbers if there are questions:

Michiana Gastroenterology, Inc. Hours of operation	(574) 234-0049 Monday, Tuesday and Thursday 8:00am – 4:30pm Wednesday & Friday 8:00am – 1:30pm
Michiana Endoscopy Center Hours of operation	(574) 271-0893 or 1-866-669-8743 (toll free) Monday – Thursday 5:45am – 5:00 pm Friday 5:45am – 4:00pm
St. Joseph Regional Medical Center	(574) 335-5000 8am – 4pm
Memorial Hospital	(574) 647-6700 8am – 4pm
LaPorte Surgical Center	(219) 324-1670
Plymouth Hospital	(574) 948-4000
South Bend Clinic SurgiCenter	(574) 204-6393

If you need to cancel, reschedule or have questions regarding the prep, please call the office at 574-234-0049.

IN CASE OF AN EMERGENCY, GO TO THE HOSPITAL EMERGENCY ROOM!